STORY BITES

Teacher Resource

Story Bites Overview

Story Bites is an opportunity for you and your students to tell your breakfast story visually through photos or drawings. Story Bites was inspired by the Photovoice methodology in qualitative research that supports many ages and abilities and allows for flexibility of participants' expression of their ideas. We hope that Story Bites can build capacity in the breakfast community by enabling reflection, promoting dialogue, and facilitating change.

Take it To the Classroom : Connecting to Curriculum

Consider linking the Story Bites project to specific curriculum outcomes. Below we've outlined some subjects and concepts that Story Bites may connect to:

- Health & Wellness – Nutrition, healthy eating, mental health, well-being
- Art – Visual arts, drawing, photography, creativity
- English Language Arts – writing, visual/creative responses, vocabulary building
- Social Studies – Food security, accessibility

Make it a School Event

If you would like to get multiple classes participating in the project, here are some ideas to guide your activity!

- Use a homeroom period and have teachers do the activity with their classes
- Use this activity as part of a theme day (ex. Month of Mindfulness or Health Week)
- Include the project in the school newsletter or in the morning announcements.

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Activity Sequence

We have prepared a general outline of how you may adapt this project to a classroom activity

	Teacher	What Students do	Resources
Introduction (5-10 minutes)	Begin a discussion by asking students "What Does Breakfast Mean to You?"	Share responses through discussions or writing ideas down	Posters (8.5x11) Discussion Prompts
Activity (5-10 minutes in class) (2-5 days to collect images)	Explain Story Bites and outline the task: each student will draw or take 1-2 photos/images in response to the guiding question	Create or capture 1-2 images and add a description to their pictures	Discussion Prompts
Conclusion (10-15 minutes)	Conclude the activity with students sharing their photos on a physical or virtual message board	View and have discussions about their peers' pictures	Photo and Text Template

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