5 ways to celebrate a special occasion in a breakfast program:

There are a number of special occasions that are worth celebrating in the school year. We mainly think of Halloween, Holiday Season, Valentine's Day and Easter. Here are some tips for organizing a festive breakfast. And why not involve the kids by asking them what would make their breakfast special!

HAVE A LIVELY BREAKFAST

Dress up, role-play, plan activities related to the occasion you are celebrating.

READ OR INVENT A STORY

Choose a thematic story or even invent it with the students.



PUT ON THEMATIC MUSIC

Nothing better to get you in the mood !

DECORATE

Make a surprise decoration or invite students to decorate the premises, bins, bags, placemats and even food packaging.

HERE ARE A FEW EXAMPLES: tie utensils, with colored ribbon, put stickers on food packaging, make a personalized label with the child's name or even make a special label for the bin for each class.



PRESENT FOOD IN A FUN WAY

Fruit skewers, colorful breakfast, using thematic cookie cutters (pancakes, French toast, etc.), tasting new foods (for example, unusual fruits).

A special occasion does not necessarily mean eating sugary foods. That's why we suggest other creative ways to celebrate with students. That being said, Breakfast Club of Canada recommends the most nutritious foods are consumed daily, while the less nutritious foods such as sugary foods should be eaten occasionally.

Breakfast CLUB of Canada™